



I choose to love myself
NOW
as I continue to evolve.

ABSOLUTELY

YES!

@carlakiley

Reminder

I am confident.

Yes!	Definitely
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@carlakiley

Sunday, January 1

7:50

Reminder

I am refreshed and full of energy.

Yes!	100%
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@carlakiley



My smile radiates into the world.

♥ Okay	👍 kindness
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@carlakiley

Sunday, January 1

7:50

Reminder

I have everything I need to make today a great day.

Let's Go!	Yep!
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@carlakiley

Sunday, January 1

7:50

Reminder

I am creating a life I love.

100%	I Got It!
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@carlakiley

Sunday, January 1

7:50

Reminder

My possibilities are endless.

Truly!	Got it!
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@carlakiley